



Shared Food



RATIONALE

Students eat regularly throughout the school day, but to ensure the safety of students, eating needs to be managed appropriately to minimise risk of illness and.

PURPOSE

To ensure that eating food at our school is safe and that those students that suffer from life threatening allergies and other health conditions are protected.

POLICY

- Students at our school typically bring (or purchase from the canteen) food for morning tea, and for lunch.
- In addition, students are able to eat brain food (fresh fruit or vegetables) and drink water during classes.
- A specific permission form related to food allergies will be sent home at the start of every school year to ascertain the child's level of participation in shared food experiences related to the school curriculum.
- Due to issues relating to anaphylaxis, allergies, diabetes etc, students are not to swap or share food with others, and are not to be provided with food from the school that parents have not supplied or approved.
- Parents will be notified of any specific food allergies of students in that grade and are discouraged from providing foods of that nature where possible (eg. Nuts).
- Students are not permitted to eat during PE classes, are not permitted to use chewing gums, and are not allowed to eat non-brain foods during class times.
- Students are to eat morning tea and lunch in the classroom during designated eating times.
- If for any reason, students do not finish eating their food in the classroom, they are required to finish eating in a designated outside area or take the unfinished food home. • Students who purchase food from the canteen during recess or lunchtime must eat it in the designated outside area.
- Students are not permitted to wander around the school eating food at recess or lunch times.
- Students found wandering the school and eating food will be managed in a manner consistent with the school's Code of Conduct.
- Rubbish bins will be placed in each classroom and in the designated outside area. • The school curriculum will include the benefits of healthy foods, exercise and a healthy lifestyle.
- All school activities, excursions and camps etc will involve detailed information to parents regarding the food menu, and will require parent approval.
- Throughout the year, there will be occasions where students will be involved in shared food experiences. These activities are curriculum activities. Food related curriculum



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activities must adhere to a detailed risk assessment plan that is presented to the school leadership team.

- We will continue to celebrate special events such as Birthdays, Christmas and Easter, however, food will not be part of these celebrations. Parents are asked to refrain from providing edible treats such as chocolate easter eggs, birthday cakes and sweets for their child to share with classmates. Parents and teachers will be encouraged to provide an alternative such as stickers, stationery items, and small gifts.

FURTHER INFORMATION AND RESOURCES

[Anaphylaxis Policy](#)

[Administration of Medication Policy](#)

REVIEW CYCLE

This policy was last updated in 2012 and is scheduled for review in 2016.